



Week of September 7th thru 11th

Menu
Managed by CulinArt Group Dining Services
Chef Manager, Nathia Williams,
Email, nwilliams@culinartinc.com

MAKE THE CHOICE THAT’S RIGHT FOR YOU. EAT WELL LOCALLY SOURCED VEGETARIAN VEGAN ORGANIC PLANT-CENTRIC

BREAKFAST LUNCH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WAKIN'UP SPECIAL	Egg White Breakfast Burrito \$4.95	BLTA & Egg Sandwich \$4.95	Mex-Egg Scramble Burrito \$5.95	Bacon Egg & Cheese French Toast Sandwich \$5.95	Turkey Bacon Egg & Cheese Croissant \$5.95
TUSCAN BISTRO \$5.95	Pasta w/ Marinara Sauce 	Bowtie Pasta with Alfredo Sauce 	Penne Pasta with Rosa Sauce 	Pasta with Creamy Pesto Sauce 	Pasta w/ Marinara Sauce
GRILL SPECIAL	Jalapeno Stuffed Burger \$6.95	Turkey Taco Crunch Wrap \$6.95	Nashville Hot Chicken Sandwich \$7.95	BBQ Burger \$6.95	Crispy Cod Po'boy \$6.95
CHEF'S TABLE Entrees served w/ 1 side, second side is available \$9.44	Turkey Taco Baked & Stuffed Sweet Potato Grilled Cauliflower Steak 	Brunch for Lunch Scrambled Eggs Waffles 	Southern Barbeque Chicken BBQ Vegetable Kebab 	Cajun Pepper Crusted Roast Beef Crispy Tofu Sticks 	Tandoori Chicken Thighs Mushroom Biryani
ON THE SIDE \$2.75 Each	Sweet Potato Steamed Broccoli 	Crispy Bacon or Sausage Home Fries 	Creamy Cole-Slaw Honey Butter Cornbread 	Garlic & Herb Roasted Potatoes Steamed Green Beans 	Basmati Rice Curried Chickpeas, Chana Masala
SANDWICH SPOT \$7.95 Protein \$6.95 Veg	Buffalo Chicken Hero with Blue Cheese 	Chopped Italian Hoagie 	Turkey & Pepper Jack with Chipotle Mayo on Country White 	Roasted Vegetable with Hummus Wrap 	Roasted Eggplant with Pesto Mayo Sandwich
COMPOSED SALAD \$5.95	Bean & Spinach Salad 	Edamame Salad 	Orzo Feta Salad 	Turkey Cobb Salad 	Greek Salad

ALWAYS AVAILABLE FOR BREAKFAST

Selections of Breakfast Sandwiched, Tater Tots or Hash Browns, Fresh Fruit and Yogurts, and Assorted Pastries

ALWAYS AVAILABLE FOR LUNCH:

SALAD BAR FEATURING: Romaine Lettuce, Mixed Greens, Spinach, Kale, Tomatoes, Broccoli, Carrots, Red Onion, Cucumbers, Peppers, Black Olives, Chickpeas, Hard Boiled Egg, Grilled Chicken, Cheddar Cheese, Feta Cheese, Dried Cranberries, House made Croutons
Dressings: Balsamic Vinaigrette, Ranch, Blue Cheese, Caesar, Oil and Vinegar. Plain Pasta with Red or White Sauce

SANDWICH SPOT FEATURING:

Daily Offerings of Turkey & Cheese, Ham & Cheese, Sun butter & Jelly, & Egg and Tuna Salad Sandwiches

TUSCAN BISTRO also features a selection of Pizzas, Calzones, Melts, and Stromboli's