



Menu for Week of:
Managed by CulinArt Group Dining Services
Chef Manager, Nathia Williams,
Email, nwilliams@culinartinc.com

Week of August 31- September

4

MAKE THE CHOICE THAT'S RIGHT FOR YOU. EAT WELL LOCALLY SOURCED VEGETARIAN VEGAN ORGANIC PLANT-CENTRIC

BREAKFAST LUNCH	WEDNESDAY	THURSDAY	FRIDAY
WAKIN' UP SPECIAL	Bacon Egg and Cheese Concha Breakfast Sandwich \$4.50	French Toast Taco with Maple Sriracha Syrup \$5.95	Steak Egg & Cheese on Kaiser \$5.95
TUSCAN BISTRO \$4.95	Penne Pasta with Rosa Sauce 	Pasta with Creamy Pesto Sauce 	Pasta w/ Marinara Sauce
GRILL SPECIAL	Nashville Spicy Chicken Sandwich \$8.95	Chef JB's General Tso' Chicken Cheese Steak \$8.95	Pepperoni Pizza Burger \$6.95
CHEF'S TABLE Entrees <i>Includes a side, second side are available</i> \$9.44	Carnitas Chili w/ Cilantro Lime Brown Rice Whitie Bean & Vegetable Chili 	Rigatoni Bolognese Stuffed Zucchini 	Chicken Shawarma Gyro Baked Chickpea Falafel Gyro
ON THE SIDE \$2.75 Each	Refried Beans Grilled Zucchini Honey Butter Cornbread 	Sauteed Mushrooms Roasted Brussel Sprouts 	French Fries Cucumber Tomato Salad
SANDWICH SPOT \$7.95 Protein \$6.95 Veg	Ham & Swiss on Brioche Hummus, Spinach & Feta Sandwich 	Avocado Chicken Salad Sandwich Grilled Portobello & Tomato on Focaccia 	Grilled Chicken, Mozzarella, & Peppers on Ciabatta Buffalo Cauliflower Wrap
COMPOSED SALAD \$5.95	Classic Caesar Salad 	Fall Harvest Salad 	Cirtus Grain Salad

ALWAYS AVAILABLE FOR BREAKFAST

Selections of Breakfast Sandwiched, Tater Tots or Hash Browns, Fresh Fruit and Yogurts, and Assorted Pastries

ALWAYS AVAILABLE FOR LUNCH:

SALAD BAR FEATURING: Romaine Lettuce, Mixed Greens, Spinach, Kale, Tomatoes, Broccoli, Carrots, Red Onion, Cucumbers, Peppers, Black Olives, Chickpeas, Hard Boiled Egg, Grilled Chicken, Cheddar Cheese, Feta Cheese, Dried Cranberries, House made Croutons
Dressings: Balsamic Vinaigrette, Ranch, Blue Cheese, Caesar, Oil and Vinegar. Plain Pasta with Red or White Sauce

SANDWICH SPOT FEATURING:

Daily Offerings of Turkey & Cheese, Ham & Cheese, Sun butter & Jelly, & Egg and Tuna Salad Sandwiches

TUSCAN BISTRO also features a selection of Pizzas, Calzones, Melts, and Stromboli's