



THE PARK SCHOOL *of* BALTIMORE

Dear Park Parents,

We hope you will join us this year for our **Park Connects Parent Group Discussions**. These adults-only gatherings provide meaningful opportunities to connect, share, and grow with fellow parents in your parent cohort.

These group discussions are designed to open the lines of communication among parents, foster thoughtful conversations on topics of mutual interest, and help build or strengthen relationships within our community. Whether you're navigating early childhood challenges or the complexities of adolescence, all parenting topics are welcome and encouraged. If you're new to Park or simply new to Park Connects, this is a wonderful way to start building connections that can support both you and your child for years to come.

Parents who have participated in the past told us they felt more confident reaching out to fellow parents when issues arose because they had already shared space, stories, and trust. Others have expressed how the experience helped them feel more rooted in the Park community, less isolated, and better supported.

Discussion topics vary widely and are shaped by the interests of the group. Past conversations have included everything from bedtimes, homework, and screen time, to friendships, anxiety, body image, substance use, dating, and more. Nothing is off the table — we're here to support each other through it all.

We hope you'll consider joining us this year. The strength of our community lies in the connections we build — and when parents feel supported, our children benefit.

Warmly,

Sara Nett

Vice President, Park Connects

Amanda Shapiro

Vice President, Park Connects