

Each Viva House Bag Needs The Following:

3 cans meat (chicken, chili without beans, salmon – no tuna please)

1 jar peanut butter

1 jar jelly

1 can green vegetable (collard greens are favorite)

1 jar pasta sauce

1 lb. box pasta

2 boxes mac & cheese

1 cereal (Cheerios preferred)

1 box protein bars (or 5 individually wrapped bars)

1 can soup

1 packet gravy mix

1 roll toilet paper (individually wrapped preferred)

Reusable bags

See what you have in your pantries! If you're at the grocery store, ask a grown-up if you can pick up a few extra items!